

Bibliotherapy: Advocacy on the Page and in the Classroom

Presented at NCTE 2016 by educator Paul Hankins and children's book authors Kari Anne Holt, Erin E. Moulton, Lynda Mullaly Hunt, Anne Nesbet, and Elly Swartz.

Sometimes a book can be the best validation of experience a teen reader can find. In the list, below, we have highlighted a few "At-Risk" categories and books that could make a difference.

Addiction

Messner, Kate. *The Seventh Wish* (Bloomsbury, 2016)

Anxiety

Caletti, Deb. *The Nature of Jade* (S. & S., 2007)

Baskin, Nora Raleigh. *Anything but Typical* (S. & S., 2009)

Colasanti, Susane. *Waiting For You* (Viking, 2009)

Herbach, Geoff. *Stupid Fast* (Sourcebooks Fire, 2011)

Haydu, Corey Ann. *OCD Love Story* (Simon Pulse, 2013) *(Subject: OCD)*

King, Wesley. *OCDaniel* (Simon & Schuster/Paula Wiseman Books, 2016) *(Subject: OCD)*

Nesbet, Anne. *The Cabinet of Earths* (HarperCollins, 2012)

Roskos, Evan. *Dr. Bird's Advice for Sad Poets* (Houghton Harcourt, 2013)

Schutz, Samantha. *I Don't Want to Be Crazy* (Scholastic, 2006)

Sloane, Holly Goldberg. *Counting by Sevens* (Dial, 2013) *(Subject: OCD)*

Swartz, Elly. *Finding Perfect* (FSG, 2016) *(Subject: OCD)*

Autism Spectrum Disorders

Bildner, Phil. *A Whole New Ballgame* (FSG, 2015)

Choldenko, Gennifer. *Al Capone Does My Shirts* (Putnam, 2004)

Erskine, Kathryn. *Mockingbird* (Philomel, 2010)

Franklin, Emily and Halpin, Brendan. *The Half Life of Planets* (Hyperion, 2010)

Haddon, Mark. *Curious Incident of the Dog in the Night- Time* (Doubleday, 2003)

Jacobs, Evan. *Screaming Quietly* (Saddleback, 2013)

Kelly, Tara. *Harmonic Feedback* (Holt, 2010)

Lord, Cynthia. *Rules* (Scholastic Press, 2006)

Miller-Lachmann. *Rogue* (Nancy Paulsen, 2013)

Miller, Ashley Edward. *Colin Fischer* (Razorbill, 2012)

Roy, Jennifer. *Mindblind* (Marshall Cavendish, 2010)

Stork, Francisco X. *Marcelo in the Real World* (Scholastic, 2009)

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Black Lives Matter

- Reynolds, Jason and Kiely, Brendon. *All American Boys* (Atheneum, 2015)
Reynolds, Jason. *When I Was the Greatest* (Atheneum, 2014)
Shabazz, Ilyasa and Magoon, Kekla. *X: A Novel* (Candlewick, 2015)
Magoon, Kekla. *How it Went Down* (Henry Holt, 2014)
Myers, Walter Dean. *Monster* (HarperCollins, 2009)
Watson, Renee. *Piecing Me Together* (Bloomsbury, 2017)
Woodson, Jacqueline. *Brown Girl Dreaming* (Nancy Paulsen Books/Penguin, 2015)

Bullying

- Holt, K.A. *Rhyme Schemer* (Chronicle, 2014)
Hunt, Lynda Mullaly. *Fish in a Tree* (Nancy Paulsen Books/Penguin, 2015)
Moulton, Erin. *Tracing Stars* (Penguin, 2012)
Palacio, R.J. *Wonder* (Knopf, 2012)
Wolk, Lauren. *Wolf Hollow* (Dutton, 2016)

Depression

- Asher, Jay. *Thirteen Reasons Why* (Razorbill, 2007)
Cardi, Annie. *The Chance You Won't Return* (Candlewick, 2014)
Draper, Sharon. *Hazelwood High Trilogy* (S. & S./Aladdin, 1994)
Ford, Michael Thomas. *Suicide Notes* (HarperCollins/HarperTeen, 2008)
Green, John & David Levithan. *Will Grayson, Will Grayson* (Dutton, 2010)
Halpern, Julie. *Get Well Soon* (Feiwel & Friends, 2007)
Hubbard, Jennifer R. *Try Not to Breathe* (Viking, 2012)
Jenkins, A.M. *Damage* (HarperCollins, 2001)
Jones, Traci L. *Silhouetted by the Blue* (FSG, 2011)
McNamara, Amy. *Lovely, Dark and Deep* (S. & S., 2012)
Quick, Matthew. *Sorta Like A Rockstar* (Little, Brown, 2010)
Sales, Leila. *This Song Will Save Your Life* (FSG, 2013)
Schumacher, Julie. *Black Box* (Delacorte, 2008)
Stork, Francisco. *The Memory of Light* (Arthur A. Levine Books, 2016)
Vizzini, Ned. *It's Kind of a Funny Story* (Hyperion, 2007)
Wolitzer, Meg. *Belzhar* (Dutton, 2014)

Displacement

- Booth, Coe. *Tyrell* (Push, 2007)
Bradley, Kimberly Brubaker. *The War that Saved My Life* (Dial, 2015)
de la pena, Matt. *Ball Don't Lie* (Ember, 2007)
Going, K.L. *Saint Iggy* (Harcourt Books, 2008)
Nesbet, Anne. *The Cabinet of Earths* (HarperCollins, 2012)

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Nesbet, Anne. *A Box of Gargoyles* (HarperCollins, 2013)

Nesbet, Anne. *Cloud and Wallfish* (Candlewick, 2016)

Eating Disorders

Anderson, Laurie Halse. *Wintergirls* (Viking, 2009)

Anonymous. *Letting Ana Go* (Simon Pulse, 2013)

Bell, Julia. *Massive* (Young Picador, 2003)

Colbert, Brandy. *Pointe* (Putnam, 2014)

Friedman, Robin. *Nothing* (Flux, 2008)

Hopkins, Ellen. *Perfect* (S. & S./Margaret K. McElderry Books, 2011)

Jaden, Denise. *Never Enough* (Simon Pulse, 2012)

Kaslik, Ibi. *Skinny* (Walker, 2006)

Littman, Sarah Darer. *Purge* (Scholastic, 2009)

Metzger, Lois. *A Trick of the Light* (HarperCollins/Balzer & Bray, 2013)

Reed, Amy. *Clean* (Simon Pulse, 2011)

Shahan, Sherry. *Skin & Bones* (Albert Whitman, 2014)

Vrettos, Adrienne Maria. *Skin* (S. & S. Margaret K. McElderry Books, 2006)

Grief/Loss

Coutts, Alexandra. *Young Widows Club* (Farrar, Straus and Giroux, 2015)

Federle, Tim. *The Great American Whatever* (Simon and Schuster, 2016)

McCarthy, Cori. *You Were Here* (Sourcebooks Fire, 2016)

McGhee, Alison. *All Rivers Flow to the Sea* (Candlewick, 2005)

Nesbet, Anne. *The Cabinet of Earths* (HarperCollins, 2012)

Revis, Beth. *A World Without You* (Penguin Random House, 2016)

Wesselhoft, Conrad. *Dirt Bikes, Drones and Other Ways to Fly* (HMH, 2014)

White, E. B. *Charlotte's Web* (Harper, 1952)

Learning Differences & Disorders

Hunt, Lynda Mullaly. *Fish In A Tree* (Nancy Paulsen, 2015) (Dyslexia)

Oliver, Lin, Winkler, Henry. *Hank Zipster Series* (Grosset & Dunlap, 2004-present)

Starr, Caroline Rose. *May B* (Schwartz & Wade, 2012)

Holt, KA. *House Arrest* (Chronicle, 2015) (*Subject: ADHD, Impulse control disorder*)

LGBTQ

Albertalli, Becky. *Simon Vs. The Homo Sapiens* (Balzer and Bray, 2015)

e.E. Charlton-Trujillo. *Fat Angie* (Candlewick Press, 2013).

Danforth, Emily M. *The Miseducation of Cameron Post* (Balzer and Bray, 2012)

Gephart, Donnay, *Lily and Dunkin* (Delacorte Books for Young Readers, 2016)

Gino, Alex. *George* (Scholastic Press, 2015)

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Hutchinson, Shawn David. *The Five Stages of Andrew Brawley* (Simon Pulse, 2015)
Nelson, Jandy. *I'll Give You The Sun* (Dial Books, 2014)
Polonsky, Ami. *Gracefully Grayson* (Disney-Hyperion, 2014)
Saenz, Benjamin Alire. *Aristotle and Dante Discover the Secrets of the Universe* (Simon and Schuster, 2012)
Silvera, Adam. *More Happy Than Not* (Soho Teen, 2015)
Whaley, John Corey. *Highly Illogical Behavior* (Dial Books, 2016)

Physical Abuse/Neglect

Bradley, Kimberly Brubaker. *The War that Saved My Life* (Dial, 2015)
Devine, Eric. *Tap Out* (Running Press Kids, 2012)
Perry, Jolene. *Stranger Than You Know* (Albert Whitman and Co, 2014)
Werlin, Nancy. *Rules of Survival* (Dial Books, 2006)

Sexual Violence

Anderson, Laurie Halse. *Speak* (Penguin, 2001)
Blount, Patty. *Some Boys* (Sourcebooks Fire, 2014)
Frank, E.R. *Dime* (Atheneum, 2015)
Johnston, E.K. *Exit Pursued by a Bear* (Dutton Books for Young Readers, 2016)
Knowles, Jo. *Lessons From A Dead Girl* (Candlewick, 2007)
Kuehn, Stephanie. *Charm and Strange* (St. Martin's Griffin, 2013)
Leavitt, Martine. *My Book of Life By Angel* (Farrar, Straus and Giroux, 2012)
Mesrobian, Carrie. *Sex and Violence* (Carolrhoda Lab., 2013)
McGinnis, Mindy. *The Female of the Species* (Katherine Tegen Books, 2016)
Moulton, Erin E. *Things We Haven't Said* (Zest Books, 2017)
Quick, Matthew. *Forgive Me, Leonard Peacock* (Little, Brown, 2013)
Parker, Shannon. *The Girl Who Fell* (Simon and Schuster, Simon Pulse, 2016)
Perry, Jolene. *Stronger Than You Know* (Albert Whitman, 2014)
Rainfield, Cheryl. *Scars* (WestSide, 2010)
Rainfield, Cheryl. *Stained* (Houghton Harcourt, 2013)

Teen Pregnancy

Draper, Sharon M. *November Blues* (Atheneum, 2007)
Efaw, Amy. *After* (Viking Books, 2009)
Kephart, Beth. *Small Damages* (Penguin, 2012)
Knowles, Jo. *Jumping Off Swings* (Candlewick, 2009)
Nolan, Han. *Pregnant Pause* (Houghton Mifflin Harcourt, 2011)
Schmidt, Gary. *Orbiting Jupiter* (Clarion Books, 2015)
Williams-Garcia. *Like Sisters on the Homefront* (Puffin, 1998)
Zarr, Sara. *How to Save A Life* (Little, Brown, 2011)

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Panelist Featured Books

Holt, K. A. *House Arrest* (Chronicle, 2015)

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Hunt, Lynda Mullaly. *Fish In A Tree* (Nancy Paulsen Books/Penguin, 2015)

Hunt, Lynda Mullaly. *One For The Murphys* (Nancy Paulsen Books/Penguin, 2013)

Moulton, Erin E. *Chasing the Milky Way* (Penguin, 2014)

Moulton, Erin E. *Things We Haven't Said* (Zest Books, 2017)

Moulton, Erin E. *Tracing Stars* (Penguin, 2014)

Nesbet, Anne. *The Cabinet of Earths* (HarperCollins, 2012)

Nesbet, Anne. *A Box of Gargoyles* (HarperCollins, 2013)

Nesbet, Anne. *Cloud and Wallfish* (Candlewick, 2016)

Swartz, Elly. *Finding Perfect* (FSG, 2016).