

Books That Embrace Social Emotional Learning (SEL)

Picture Books

- Maybe Tomorrow? by Charlotte Agell
- Anxious Charlie to the Rescue by Terry Milne
- The Rabbit Listened by Cori Doerrfeld
- After the Fall by Dan Santat
- Each Kindness by Jacqueline Woodson
- The Day You Begin by Jacqueline Woodson
- Drawn Together by Minh Lê
- I'm Worried by Debbie Ridpath Ohi and Michael Ian Black (also I'm Bored and I'm Sad.)
- You Matter by Christian Robinson
- Benji, the Bad Day, and Me by Sally Pla
- When Sadness is at Your Door by Eva Eland
- That's My Life my Ami Dyckman
- Me and My Fear by Francesca Sanna
- Jack's Worry by Sam Zuppardi
- The Invisible Boy by Trudy Ludwig
- Quiet Please, Owen McPhee! by Trudy Ludwig
- Be Kind by Pat Zietlow Miller
- When You are Brave by Pat Zietlow Miller
- The Day You Begin by Jacqueline Woodson and Rafael López
- Just Ask! By Sonia Sotomayor and Rafael López
- Fry Bread: A Native American Family Story by Kevin Noble Maillard and Juana Martinez-Neal
- Be You! By Peter Reynolds
- I am Human by Susan Verde and Peter Reynolds (also I am Love and I am Peace)
- Carl and the Meaning of Life by Deborah Freedman
- Shy by Deborah Freedman
- Crunch, the Shy Dinosaur by Cirocco Dunlap Illustrated by Greg Pizzoli
- Wordy Birdy by Tammi Sauer Illustrated by Dave Mottram
- Grumpy Monkey by Suzanne Lang Illustrated by Max Lang
- How to be a Lion by Ed Vere
- The Last Stop on Market Place by Matt de la Peña and Christian Robinson
- I Walk with Vanessa: A story about a single act of kindness by Kerascoët
- Dear Dragon by Josh Funk and Rodolfo Montalvo
- The Rough Patch by Brian Lies

**Some books can be a trigger. Please know your community of readers.*