Books That Embrace Social Emotional Learning (SEL) YA Booklist

- The Poet X by Elizabeth Acevedo
- In the Wild Light, Goodbye Days, The Serpent King by Jeff Zentner
- Ab(solutely) Normal Short Stories that Smash Mental Health Stereotypes (anthology)
- Simon vs. The Homosapiens Agenda by Becky Albertalli
- The Words We Keep by Erin Stewart
- Fat Angie (trilogy) by E. E. Charlton-Trujillo
- Leah on the Offbeat by Becky Albertalli
- Speak by Laurie Halse Anderson
- The Impossible Knife of Memory by Laurie Halse Anderson
- Me, Earl and the Dying Girl by Jesse Andrews
- Speak of Me As I Am by Sonia Belasco
- Far From the Tree by Robin Benway
- Felix Ever After by Kacen Callender
- This Is Kind of an Epic Love Story by Kacen Callender
- The Perks of Being A Wallflower by Stephen Chobsky
- Emergency Contact by Mary H.K. Choi
- Pointe by Brandy Colbert
- Little & Lion by Brandy Colbert
- Three Things I Know About You by Bette Cullen
- I'll Meet You There by Heather Demetrios
- Girl In Piece by Kathleen Glasgow
- Looking For Alaska by John Green
- Every Body Looking by Candice Iloh
- Allegedly by Tiffany Jackson
- Monday's Not Coming by Tiffany Jackson
- Let Me Hear A Rhyme by Tiffany Jackson
- Grown by Tiffany Jackson
- You Should See Me In A Crown by Leah Johnson
- Darius the Great Is Not Okay by Adib Khorram
- Darius the Great Deserves Better by Adib Khorram
- We Are Okay by Nina LaCour
- Watch Over Me by Nina LaCour
- The Sky Is Everywhere by Jandy Nelson
- I'll Give You The Sun by Jandy Nelson
- Long Way Down by Jason Reynolds
- Opposite of Always by Justin A. Reynolds
- Early Departures by Justin A. Reynolds
- The Stepping Off Place by Cameron Kelly Rosenblum
- Aristotle and Dante Discover the Secrets of the Universe by Benjamin Alire Sáenz
- History is All You Left Me by Adam Silvera
- Dear Martin, Odd One Out, Jackpot and Dear Justice by Nic Stone
- Sadie by Courtney Summers
- The Serpent King and Goodbye Days by Jeff Zentner
- The Beauty That Remains and When You Were Everything by Ashley Woodfolk
- A Heart in a Body in the World by Deb Caletti *Some books can be a trigger. Please know your community of readers.